



SHINE

SCARLET

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Radiofrequency Micro-needling Post Treatment Instructions

- Following your treatment, your skin may feel drier than normal. Your provider will recommend the appropriate post product to maintain hydration as needed.
- Avoid intentional and direct sunlight for the duration of the healing process - approximately one to two (1-2) days.
- Make-up should not be applied for twenty four (24) hours following the procedure.
- No tanning bed use for one (1) week following procedure.
- No swimming for one (1) day following procedure.
- Use a gentle cleanser and lukewarm water to cleanse the face. Gently dry the treated skin for twenty four (24) hours after treatment. Always make sure that your hands are clean when touching the treated area.
- If makeup is desired, we recommend using mineral foundation over cream based formulas. It is important to apply it with clean hands and/or clean brushes.
- Do not do any strenuous activity or exercise for twenty four (24) hours as sweating can cause extreme irritation and may cause adverse reactions.
- Avoid using any deep exfoliation products such as scrubs, Retinols, Retin-A, Alpha or Beta hydroxy acids for one (1) week post treatment.
- You may resume your normal skin care regimen as long as the skin has completely healed. If you are experiencing residual irritation, swelling, blistering or redness following the first twenty four (24) hours, please contact the practice.
- Call or text (212) 242-5344 with concerns.